**Event Rules and Scoring**

**CEO Challenge - Needle in a Haystack**

*Location*: Kennedy School - Gold Gym

*Rules:*

* The CEO Challenge will kick off the Corporate Cup
* One participant per team
* Must be CEO, Director, or Manager within the company
* Event details will be announced the day of the event

*Scoring:*

* 300 points – 1st
* 275 points – 2nd
* 250 points – 3rd
* 225 points – 4th
* 200 points – 5th
* 175 points – 6th
* 150 points – 7th
* 125 points – 8th
* 100 points – Participation

**Event Rules and Scoring**

**Scooter Pull Relay**

*Location:* Kennedy School - Gold Gym

*Rules:*

* Teams will consist of 4 participants – **2 males & 2 females**
* Pull a teammate down and back the length of the gym. Switch roles and repeat. (2 down and backs total)
* Trade off with next 2 participants on the team.
* All participants must pull AND be pulled.
* Scoring finishing time.

*Scoring:*

* 500 points – 1st
* 450 points – 2nd
* 400 points – 3rd
* 350 points – 4th
* 300 points – 5th
* 250 points – 6th
* 200 points – 7th
* 150 points – 8th
* 100 points – 9th
* 50 points – Participation

**Event Rules and Scoring**

**Food Challenge - Shop and Prepare**

*Location*: Kennedy School & Service food

*Rules:*

* 2 people – no gender rules – these participants will be UNAVAILABLE for the other events throughout the evening.
* Shop and prepare a snack/appetizer for your team.
* All teams will be given the same budget for Service Food.
* Specific rules to be given the night of the event in the pre-event meeting.
* Judged on presentation, taste, and creativity.

*Scoring:*

* 500 points – 1st
* 400 points – 2nd
* 300 points – 3rd
* 200 points – 4th
* 100 points – Participation

**Event Rules and Scoring**

**Move the Mountain**

*Location*: Kennedy Gold Gym

*Rules:*

* Teams will consist of 4 participants - **two males and two females** (must be able to carry 25#).
* Your team will choose four bumper plates - 10#, 15#, 25#, 45# (there will be multiples of each plate).
* Teams will have 5 minutes to move the mountain as many times as they can.
* The first person will grab a plate run it down and stack it on the mark, then run back and tag their teammate. Once tagged, the next person will grab a plate and run it down and stack it on the mark. The team will continue to run the plates down, then move the plates back.
* Scoring is based on how many lengths the plates were moved AND how much weight was moved, based on what the team chose.

*Scoring:*

* 500 points – 1st
* 450 points – 2nd
* 400 points – 3rd
* 350 points – 4th
* 300 points – 5th
* 250 points – 6th
* 200 points – 7th
* 150 points – 8th
* 100 points – 9th
* 50 points – Participation

**Event Rules and Scoring**

**Save the Egg**

*Location*: Kennedy Gold Gym

*Rules:*

* Teams will consist of up to 4 participants – **No Gender Rules**
* Two eggs will be given to each team with an allotted time cap of 10:00 to construct an apparatus that will protect the egg from being dropped off the top of the bleachers.
* The egg will have to be dropped before the time is up.
* If your first egg breaks you can use remaining time to adjust the apparatus and try again.
* Each team will be given the same supplies.
* Challenge will be scored based on time to construct an apparatus that successfully lands the egg (no crack, fully intact).

*Scoring:*

* 500 points – 1st
* 400 points – 2nd
* 300 points – 3rd
* 200 points – 4th
* 100 points – Participation (or collapsed structure)

**Event Rules and Scoring**

**4-Square Relay**

*Location*: Soccer field

*Rules:*

* Teams will consist of 4 participants – **2 Males and 2 Females**
* One participant at a time will run around the 4 square. Then tag off with the next teammate by slapping hands.
* Score is time to complete 8 laps – 2 laps per person.

*Scoring:*

* 500 points – 1st
* 450 points – 2nd
* 400 points – 3rd
* 350 points – 4th
* 300 points – 5th
* 250 points – 6th
* 200 points – 7th
* 150 points – 8th
* 100 points – 9th
* 50 points – Participation

**Event Rules and Scoring**

**The Secret Team Builder**

*Location*: Kennedy School — meet outside the doors of the team room (in the Gold Gym near the scoring table) and a volunteer will come and get your team

*Rules:*

* Entire team will participate
* 7 Minute Time Cap
* If you don’t finish you receive participation points

*Scoring:*

* 500 points – 1st
* 450 points – 2nd
* 400 points – 3rd
* 350 points – 4th
* 300 points – 5th
* 250 points – 6th
* 200 points – 7th
* 150 points – 8th
* 100 points – 9th
* 50 points – Participation

**Event Rules and Scoring**

**Sledding Relay**

*Location*: Cleveland Elementary

*Rules:*

* Teams will consist of a 3-person relay – **No Gender Rules**
* The first person will run up the hill to designated cones, jump on sled and ride it all the way down through finish line
* If the individual falls off the sled, they must retrieve the sled, get back on and get through the finish line
* Once the first person is through the finish, then 1st and 2nd person will run up the hill, jump on the sled together and ride it all the way through the finish line
* Repeat with all 3 individuals running up the hill, riding the sled together THROUGH the finish line
* All players must be on the sled when crossing the finish line
* 1st place will be awarded to the shortest combined team time

*Scoring:*

* 300 points – 1st
* 275 points – 2nd
* 250 points – 3rd
* 225 points – 4th
* 200 points – 5th
* 175 points – 6th
* 150 points – 7th
* 125 points – 8th
* 100 points – Participation

**Event Rules and Scoring**

**Swimming**

*Location*: Kennedy School

*Rules:*

* Teams will delegate 1 participant to this event – **No Gender Rules**
* This team member will swim for a continuous 8 minutes
* The total lengths swam by that team member will determine points
	+ Lengths will be measured, not laps
	+ Each time you touch the wall it counts as one length
		- The length is only counted if the wall is touched
* 1st place will be awarded to the team member that swims the most lengths

*Scoring:*

* 300 points – 1st
* 250 points – 2nd
* 200 points – 3rd
* 150 points – 4th
* 100 points – Participation